



# Academy at the Lakes

ATHLETICS OPEN HOUSE

AUGUST 2016

## Varsity Coaching Staff

FALL	Football	Shawn Brown	<a href="mailto:Sbrown@academyatthelakes.org">Sbrown@academyatthelakes.org</a>
	Golf	Kevin Crowley	<a href="mailto:Kcrowley@academyatthelakes.org">Kcrowley@academyatthelakes.org</a>
	Volleyball	Brian Gonzales	<a href="mailto:Gonzo6232@aol.com">Gonzo6232@aol.com</a>
	Cross Country	Troy Williams	<a href="mailto:Twilliams@academyatthelakes.org">Twilliams@academyatthelakes.org</a>
	Swimming	Sheri Mahoney	<a href="mailto:Smahoney@academayatthelakes.org">Smahoney@academayatthelakes.org</a>
	Cheerleading	TBD	
WINTER	Girls Soccer	Daniel Coimbra	<a href="mailto:Danielscoimbra@gmail.com">Danielscoimbra@gmail.com</a>
	Boys Basketball	Tom Haslam	<a href="mailto:Thaslam@academyatthelakes.org">Thaslam@academyatthelakes.org</a>
	Girls Basketball	Todd Huffman	<a href="mailto:thuffman5@hccfl.edu">thuffman5@hccfl.edu</a>
	Weightlifting	Marla Oliver	<a href="mailto:Moliver@academyatthelakes.org">Moliver@academyatthelakes.org</a>
	Boys Soccer	Eddie Oyakhilome	<a href="mailto:Eddie@ejje.net">Eddie@ejje.net</a>
	Cheerleading	TBD	
SPRING	Baseball	John DiBenedetto	<a href="mailto:Jdibenedetto@academyatthelakes.org">Jdibenedetto@academyatthelakes.org</a>
	Softball	Diane Stephenson	<a href="mailto:Dstephenson@academyatthelakes.org">Dstephenson@academyatthelakes.org</a>
	Track and Field	Troy Williams	<a href="mailto:Twilliams@academyatthelakes.org">Twilliams@academyatthelakes.org</a>
	Tennis	Sheri Mahoney	<a href="mailto:smahoney@academyatthelakes.org">smahoney@academyatthelakes.org</a>

## Middle Division Coaching Staff

FALL	Co-Ed Soccer	Bev Underwood	<a href="mailto:bev_underwood@Hotmail.com">bev_underwood@Hotmail.com</a>
	Cross Country	Jason Mouzakes	<a href="mailto:jmouzakes@academyatthelakes.org">jmouzakes@academyatthelakes.org</a>
	Varsity Volleyball	Diane Stephenson	<a href="mailto:dstephenson@academyatthelakes.org">dstephenson@academyatthelakes.org</a>
	JV Volleyball	Leo Fernandez	<a href="mailto:lfernandez@primers.com">lfernandez@primers.com</a>
WINTER	Boys Basketball	Shawn Brown	<a href="mailto:sbrown@academyatthelakes.org">sbrown@academyatthelakes.org</a>
	Girls Basketball	Marla Oliver	<a href="mailto:moliver@academyatthelakes.org">moliver@academyatthelakes.org</a>
	Cheerleading	TBD	
SPRING	Softball	Marla Oliver	<a href="mailto:moliver@academyatthelakes.org">moliver@academyatthelakes.org</a>
	Track and Field	Shawn Brown	<a href="mailto:sbrown@academyatthelakes.org">sbrown@academyatthelakes.org</a>
	Baseball	TBD	
	Tennis	TBD	

# Wildcat Pride

5 consecutive years of being ranked among the top 8  
Class 2A athletic programs by FHSAA

2014-15

Ranked 3<sup>rd</sup> by FHSAA

Ranked 1<sup>st</sup> by FACA

No Cut Policy

Over 70% of all students participate in athletics

# Necessary Paperwork

EL2/EL3

Physical Exam  
Consent Forms  
Parent Pledge

GA4

Transfer Form

# Basic Philosophy



## Middle Division

### Exposure to Various Sports

Allow athletes to develop a passion for a sport

### Development of Skills

Get athletes ready for the next level of competition

### Experience the Benefits of Being on a Team

Character, Teamwork, Sacrifice, Cooperation

# Basic Philosophy

## Upper Division (Varsity)

### Exposure to Competition

Develop a sense of toughness and determination

### Development of Skills

Get athletes ready for success and possibly reach the next level of competition

### Experience the Benefits of Being on a Team

Character, Teamwork, Sacrifice, Cooperation



# Middle Division Athletes Participating on a Varsity Sport

## Must Meet the Following Conditions

Invitation by Varsity Coach

Approval by Athletic Director and MD Head

Must be a good fit for the athlete

Must not adversely affect the MD Team



# Expectations of Student Athletes In Their Sport

Commitment

Effort

Team Player

“ALL IN”



# Expectations of Athletes Beyond their Sport

Dedicated Student

Maximum effort in the classroom

Socially Responsible

Good Citizen, Proper use of Social Media

Representative of Athletic Program and Community

# Expectations of Parents

## Athletic Handbook

The Role of the Parent

Positive Coaching

## Parental Over-coaching

Coaching from the Stands

# Athletic Handbook

## Game and Practice Attendance Standards

### Excused Absences

Family Emergency

Doctor's appointment due to injury

School Activities – Retreats, Tutoring, Extra Academic Help

Illness – Absent from School

# Athletic Handbook

## Unexcused Absences

Detention

Homework

Failure to Notify Coach

## Attendance Standards On Game Day

Must Attend minimum of 5 classes

Block Schedule – Attend all academic classes

# Athletic Handbook

Letter or Ironman Award  
Minimum 90% of practices and games

Club Sports vs Academy Sports

# Problems/Issues

Speak with the Coach first

Do Not approach the Coach immediately  
after a game or practice

Face to Face is Always Better for Sensitive Issues

# Communication and Support

## Schedule Changes

Remind App:

Iphone or Android WebBrowser: [rmd.at/e77h](http://rmd.at/e77h)

Or Text 81010 – code ‘@e77h’

Twitter: [@AATLWildcats](https://twitter.com/AATLWildcats)

Website: [Homepage & Calendar](#)

## Fan Fun

Super Fan App

[Wildcat Rewards](#)



