



## Academy at the Lakes 2016-17 Varsity Boys Weightlifting Schedule

			Meet Time	Weigh-in
Wed Feb 1	Ridgewood Invitational	Ridgewood HS	4:00pm	3:30pm
Wed Feb 8	Fivay Invitational	Fivay HS	3:00pm	2:30pm
Wed Feb 15	Anclote Invitational	Anclote HS	4:00pm	3:30pm
Wed Feb 22	Ridgewood Invitational	Ridgewood HS	4:00pm	3:30pm
Wed Mar 1	Conference Meet	Fivay	TBD	
Wed Mar 8	1A District 12 Meet	River Ridge	TBD	

Revised – 02-03-17