



## **Academy at the Lakes 2016-17 Varsity Girls Weightlifting Schedule**

Wed Nov 9	Wiregrass	WRHS	4:00pm
Wed Nov 30	Wiregrass	WRHS	4:00pm
Wed Dec 7	Wesley Chapel	WCHS	4:00pm
Fri Dec 16	River Ridge Invitational	RRHS	4:00pm
Wed Jan 11	District Championship	River Ridge	4:00pm

Revised 11-29-16