



## WELCOME TO WTCAFE!

Your school chose WT Café as their food provider because they know feeding your family clean, healthy food is a top priority. We make it easy with online tools and a menu kids love. Sign up today, and let us make your life easier.

Learn more about our food and program here: [wtcafe.com/parents](http://wtcafe.com/parents)

### How It Works

1. Go to [wtCafe.com](http://wtCafe.com) (select TAMPA as your location)
2. Click ORDER NOW and create account
3. Set up profiles for participating family members
4. Order and check out
5. We make and deliver your meals fresh daily

### Why WT Café?

- Kid favorite menu prepared with select ingredients that maximize nutrition
- ONLY pure ingredients used - no high fructose corn syrup, added trans fats, artificial flavors, colors, MSG, or added nitrates, EVER
- Whole grains used for our bread, pasta, and rice dishes
- Fresh fruits, vegetables, house-made soups, and salads (with house-made dressings)
- Nut-free menu and many gluten-free, dairy-free, and vegetarian options
- WT Creations – our signature line of healthy, made-from-scratch “treats”
- Easy online access for food pictures and nutritional information
- Locally owned and managed by a passionate member of your community

### Lunch Menu and Pricing

- Lunch includes one entrée and two sides – sides selected onsite (one fresh fruit and one packaged snack)
- Pricing starts at \$6.25 for Regular, \$7.50 for Large.
- A la carte items are also available online (including organic milk and juices, freshly baked WT Creations, extra entrée portions, and more!).
- Pre-order meals 36 hours in advance of lunch service for full menu access at the regular menu price or by 8am daily for a rush lunch (surcharge applies). You may cancel meals online up to 8am same day.

QUESTIONS? PLEASE EMAIL US AT [TAMPABAY@WHOLESOMETUMMIES.COM](mailto:TAMPABAY@WHOLESOMETUMMIES.COM) or CALL 813-546-0498