# I am going into JK and I CAN.....

Speak in a big- kid voice (not a baby voice)	Ask for help in a complete sentence	Wipe all by myself in the bathroom (#1 and #2)	Open snacks (pinch, pinch, pull or use scissors)
Say the alphabet (no singing)	Draw a person with at least three body parts	Bead and thread on pipe cleaner or yarn	Cut on straight lines
Peel stickers and put them on paper	Pour water from a small container into a glass	Use tweezers to pick up small objects (beads, cotton balls)	When others are speaking, listen without interrupting (wait for your turn)

Put a check or a sticker on each box when you accomplish a goal and bring to Orientation to show your new teacher!



# **Rising to JK: Summer Activities**

## Work on "I Can" Chart (Required)

See attached chart

## **Reading Activity (Required)**

- Read Pete the Cat Rocking in My School Shoes by Eric Litwin
  - o Draw a picture of something you are looking forward to doing at school.

#### **Literacy Activities**

- Go on a letter hunt around the house, in the car, or at the store. Try to find all the letters in the alphabet.
- Read a story with a family member or friend then draw a picture of your favorite part.
- Use sensory bins filled with shaving cream, rice, paint, sand, or play-doh. Practice writing your name or letters in the bin.
- Lay out letter cards or letter magnets, find objects inside and outside the house that begin with that letter sound.
- Pick out your outfit and name the colors/patterns
- Play ABC bingo
- Take a trip to the local library and pick out a few bedtime books.

#### **Math Activities**

- Sort Laundry and match socks
- Play a game when you're out: Count how many red cars you see, how many birds you see, etc.
- Exercise together, counting 1-10 Examples: Jumping Jacks, squats, twist, toe touches, burpees, pushups.
- Counting how many letters are in your name plus family members' names. Compare who has more/less.
- Play Number Bingo
- Color/Shape Bingo
- Take a walk and find shapes

#### Sensory/Science

- Shaving Cream Fun! Spray shaving cream onto a large tray. Write letters, numbers, and your name
- Playdoh
- Cutting activities
- Have a picnic and listen to the sounds you hear, name the colors you see, talk about the smells

#### Social Skills

- Taking turns play board games or other turn-taking games. Make sure you go first sometimes. It is also ok for your child not to win the game sometimes.
- Wait time ask your child to wait for a minute before responding to them, letting them share their thought, or meeting their request. You might say "hold your thought," or "put your thought in your pocket until I'm ready for you."