

# Academy at the Lakes

## 7th-8th Grade Daily Schedule: 2025-2026

| C Day<br>MONDAY           | Block A Day<br>TUESDAY           | Block B Day<br>WEDNESDAY         | Block A Day<br>THURSDAY          | Block B Day<br>FRIDAY          |
|---------------------------|----------------------------------|----------------------------------|----------------------------------|--------------------------------|
| Class 1A<br>8:00-8:40am   | Block 1A<br>8:00-9:25am          | Block 1B<br>8:00-9:25am          | Block 1A<br>8:00-9:25am          | Block 1B<br>8:00-9:25am        |
| Class 1B<br>8:45-9:25am   |                                  |                                  |                                  |                                |
| Break 9:25-9:50am         | 7th/8th SH or Adv<br>9:25-9:55am | 7th/8th SH or Adv<br>9:25-9:55am | 7th/8th SH or Adv<br>9:25-9:55am | Morning Meeting<br>9:25-9:55am |
| Class 2A<br>9:55-10:35am  | Break 9:55-10:10am               | Break 9:55-10:10am               | Break 9:55-10:10am               | Break 9:55-10:10am             |
| Class 2B<br>10:40-11:20am | Block 2A<br>10:10-11:35am        | Block 2B<br>10:10-11:35am        | Block 2A<br>10:10-11:35am        | Block 2B<br>10:10-11:35am      |
| Lunch<br>11:20-11:50am    | Lunch<br>11:35-12:05pm           | Lunch<br>11:35-12:05pm           | Lunch<br>11:35-12:05pm           | Lunch<br>11:35-12:05pm         |
| Class 3A<br>11:55-12:35pm | Block 3A<br>12:10-1:35pm         | Block 3B<br>12:10-1:35pm         | Block 3A<br>12:10-1:35pm         | Block 3B<br>12:10-1:35pm       |
| Class 3B<br>12:40-1:20pm  |                                  |                                  |                                  |                                |
| Break 1:20-1:40pm         | Break 1:35-1:50pm                | Break 1:35-1:50pm                | Break 1:35-1:50pm                | Break 1:35-1:50pm              |
| Class 4A<br>1:45-2:25pm   | Block 4A<br>1:50-3:15pm          | Block 4B<br>1:50-3:15pm          | Block 4A<br>1:50-3:15pm          | Block 4B<br>1:50-3:15pm        |
| Class 4B<br>2:30-3:15pm   |                                  |                                  |                                  |                                |