



Instructions for Submitting Athletic Paperwork

Sports physicals and consent forms will be accepted ONLY through the online portal. You DO NOT need to submit any physical paperwork to the athletic department once you have finished the online portal.

Important ECG Screening Update (Second Chance Act – Florida Senate Bill 1070)

Effective July 1, 2026, Florida's Second Chance Act requires an ECG screening for all incoming 9th Grade student-athletes and all students in Grades 10–12 who are new to an FHSAA sport. This ECG form must be completed and uploaded in the Athletic Clearance portal for any student who meets these criteria.

Academy at the Lakes strongly recommends ECG screening for all student-athletes participating in varsity sports; however, it is not required for all athletes.

Online Athletic Clearance Instructions

- Visit athleticclearance.com and click on the “FL” icon.
- Click “Create an account” and follow the guided steps to create your profile.
Important: Make sure to save your username and password information for future logins.
- Once you have created your profile, click the prompt “Start Clearance Here.”
 - Select the school year “2026-27”
 - Select the school “Academy at the Lakes”
 - Select each sport that your student is interested in playing. If selecting more than one, select “Additional Sport”**Note:** Please select all sports that your student could potentially play, as it helps

the Athletics Department prepare for each season.

- Complete all required fields for the following:
 - Student information
 - Parent/Guardian information
 - Medical information
 - Program information
 - Signatures
 - File Uploads
 - Current EL2 Sports Physical for the 2026-27 school year. Please scan a copy of your students FHSAA Sports Physical and upload this.
 - Current EL1 ECG Screening Form (if applicable)
 - NFHS Video module certifications (instructions for how to access these are located below).
 - Confirmation

Once you have reached the confirmation message, you have completed the process. All of the data will be electronically filed with our athletics department for review. When the student's file has been reviewed and approved by our team, you will receive an email notification telling you that your child is good to go!

If over a week passes and you have not received confirmation, please reach out to Athletics Director Shawn Brown at sbrown@aatl.org. He will get the issue resolved for you.

NFHS Video Certification Instructions

1. Visit nfhslearn.com
2. Select "Course for Students"
3. Hover over the course "Concussion for Students" and click "View Details"
4. Select "Florida" as your state, and then click "Start learning"
5. If you already have an account, log in with your credentials. If you do not, select "Register" and create an account.
6. Once your account has been created, you will be directed back to "your courses," and the "Concussion for Students" will show as a course assigned to you.
7. You will go back and complete steps 2 - 4 for the remaining 2 video modules: Heat Illness Prevention and Sudden Cardiac Arrest.
8. Then, all 3 courses will show on your home page.

9. A short quiz will follow each course, and upon completion, you will be prompted to download your certificate of completion. Download this and then upload it directly to your Athletic Clearance portal.